

Adopt a Family Gift ideas

Imagine leaving your home with very little but the clothes you and your children are wearing. This is what many of the families that seek safety at our shelters experience. Through our Adopt-a-family program, we provide Christmas gifts to those connected to our services that need help this holiday season.

To help with shopping for gift items, here are some gift ideas:

<p><u>Baby & Toddlers</u></p> <ul style="list-style-type: none"> -wipes -diapers and pull ups (all sizes) -age appropriate toys -teething toys -board books <p><u>Preschool ages 3-5</u></p> <ul style="list-style-type: none"> -Duplo -Playdough -Crafts -Games -Books -Paw Patrol toys -Peppa Pig toys -toy cars/trucks -dinosaur toys -blocks -puzzles 	<p><u>Boys & Girls (all ages)</u></p> <ul style="list-style-type: none"> -puzzles -craft kits -board games -baby dolls -Pokémon -Barbie dolls -Disney princess items -super hero items -Hatchimals -LOL dolls -Shopkins -Lego -My Little Pony -Beyblades -dinosaur toys -toy cars/trucks -Hot Wheels
<p><u>Teenagers (boys and girls)</u></p> <ul style="list-style-type: none"> -gift cards (Wal-mart, EB Games, Best Buy, Claire's, Ardene's, Old Navy, Cineplex, Tim Hortons, Star Bucks, iTunes, Spotify, fast food places) -journals -hair dryers -curling irons/straighteners -wallet -models -craft kits -graphic t-shirts -make-up & nail polish -puzzles 	<p><u>Adults</u></p> <ul style="list-style-type: none"> -laundry baskets -gift cards - various (groceries, fast food, gas, Cineplex etc) -blankets -hygiene gift packs -towels -dish towels and cloths -hygiene products for women & men

These are just some suggestions, please feel free to purchase any items you want. You may also donate financially, and we will do the shopping! www.mhwss.ca, e-transfer to info@mhwss.ca or mail a cheque to Medicine Hat Women's Shelter Society Box 2500, Medicine Hat, AB T1A 8G8